**From the Natioal Autism Association**

**Teaching Tools for Kids:**

* **What’s COVID-19?** [Click here](https://nationalautismassociation.org/wp-content/uploads/2020/03/WhatsCOVID-19.pdf).
* **Coronavirus Social Story for Children via Little Puddins:**  <https://littlepuddins.ie/coronavirus-social-story/>
* **Handwashing Visual Steps via n2y:** [Click here](https://nationalautismassociation.org/wp-content/uploads/2020/03/N2YWashHands.png).
* **CDC Handwashing Guide for Families:**<https://www.cdc.gov/handwashing/pdf/family_handwashing-508.pdf>

**Tips for Caregivers:**

* **What to Do When Your Child on the Autism Spectrum’s Routine Is Disrupted by the Coronavirus?** [https://themighty.com/2020/03/covid-19-autism-routine-disruption/](https://themighty.com/2020/03/covid-19-autism-routine-disruption/?utm_source=Autism_Page&utm_medium=Facebook&fbclid=IwAR1gQ_ER9t5LN3Tx3npkiBa-jlkVwTSNzY9ARzOY8sQlKy0fWPErn67VJqE)
* **Parent/Caregiver Guide on How to Help Kids and Family Members Cope:**<https://www.nctsn.org/sites/default/files/resources/fact-sheet/outbreak_factsheet_1.pdf>
* **How to Explain a Global Health Crisis to Children with Autism:** <https://www.psychologytoday.com/us/blog/neuroscience-in-translation/202003/how-explain-global-health-crisis-children-autism>
* **Local Resources:** [https://www.yellowpagesforkids.com](https://www.yellowpagesforkids.com/)
* **US Dept. of Education Q&A on Providing Services to Children with Disabilities During the Coronavirus Disease Outbreak:**  [Click here.](https://www2.ed.gov/policy/speced/guid/idea/memosdcltrs/qa-covid-19-03-12-2020.pdf)

**How to Practice Social Distancing:**

* **Article: What is Social Distancing?**[https://themighty.com/2020/03/covid-19-what-is-social-distancing](https://themighty.com/2020/03/covid-19-what-is-social-distancing/?utm_source=Autism_Page&utm_medium=Facebook&fbclid=IwAR3MsF8F00eQx0gSELrptWnAb0y2I6FFUTlobQ4TX4F-tCy58qzW7NYosYA)

**Additional Articles:**

* [Which Face Masks Prevent Against Coronavirus?](https://themighty.com/2020/03/which-face-masks-prevent-coronavirus-disease/)
* [How Is the New Coronavirus Treated?](https://themighty.com/2020/03/how-do-you-treat-covid-19/)
* [How to Make Your Own Hand Sanitizer](https://themighty.com/2020/03/how-to-make-hand-sanitizer/)
* [What You Should Know About Social Distancing During COVID-19](https://themighty.com/2020/03/covid-19-what-is-social-distancing/)
* [8 Soaps You Can Use to Help Prevent the Spread of Illness](https://themighty.com/2020/03/best-soaps-prevent-illness/)
* [10 Face Masks People With Chronic Illness Recommend](https://themighty.com/2018/01/face-masks-brands-cold-flu-prevention/)

**Other Issues to Consider:**

* **Maintaining Wandering Prevention in the Home:**<https://nationalautismassociation.org/store/#!/NAAs-Be-REDy-Booklet-for-Caregivers/p/57859415/category=23350149>
* **Preventing & Responding to Pica:**<https://kidshealth.org/en/parents/pica.html>
* **How to Create a Sensory Room:** <https://www.verywellhealth.com/how-to-create-a-sensory-room-for-your-autistic-child-4686413>
* **DIY Sensory Items Booklet via ASA Oregon**: <http://autismsocietyoregon.org/wordpress/wp-content/uploads/2017/04/Sensory-booklet.pdf>