BOLD LINKS

The following are links to resources that BOLD committee members have found informative and useful. If you have a resource, you would like to include on this list please contact Lia Gravier at: liagravier@me.com

General LD Resources:

http://www.p12.nysed.gov/specialed/quality/parents.htm

http://www.ldonline.org

https://www.understood.org/en

https://childmind.org

https://www.smartkidswithld.org

https://themighty.com

<u>ADHD</u>

https://www.drhallowell.com

https://www.distractionpodcast.com

https://www.additudemag.com

Therapeutic and Recreational Resources

https://www.sparcinc.org

Therapeutic and recreational activities for people with developmental disabilities ages 5-21+.

Southeast Consortium

http://www.secrec.org

Recreational opportunities for people with various disabilities and special needs ages 5+.

Backyard Sports

https://www.byardsports.com

Basketball, soccer, tennis, baseball instruction for special needs children ages 5-15. Staffed by teacher/coaches and high school peer mentors.

SwimAngelfish

https://swimangelfish.com

Swimming instruction and aquatic therapy for children with physical, sensory and other challenges.

Articles:

https://themighty.com/2019/04/scholarships-students-disabilities/?utm_source=Parenting_Page&utm_medium=Facebook

https://themighty.com/2016/01/my-5-tips-for-incoming-college-students-with-disabilities/

http://www.ldonline.org/article/The Relationship between Language-Based Learning Disabilities (LBLD) %26 Anxiety